

Let's see what's for lunch...

Week 1

| | | | | |
|-----------------------------|-------------------|---|--------------------|-------------------------------|
| Monday | Main Meals | Beef Bolognese with Spaghetti | Served With | Peas & Broccoli |
| | | Vegan Bolognese with Spaghetti | Dessert | Maryland Cookie |
| | | Baked Jackets with Grated Cheese | | |
| Tuesday | Main Meals | Ham & Cheese Pizza with Baked Wedges | Served With | Carrots & Sweetcorn |
| | | Margherita Pizza with Baked Wedges | Dessert | Apple Crumble with Custard |
| | | Pasta & Tomato Sauce | | |
| Wednesday | Main Meals | Roast Chicken with Roast Potatoes & Gravy | Served With | Seasonal Greens & Cauliflower |
| | | Vegetable Quiche | Dessert | Cherry Cornflake Cake |
| | | Baked Jackets with Baked Beans | | |
| Thursday | Main Meals | Macaroni & Cheese Beef Bolognese Bake | Served With | Broccoli & Carrots |
| | | Vegan Bean Chilli with Steamed Rice | Dessert | Chocolate & Pear Sponge |
| | | Pasta & Tomato Sauce | | |
| Friday | Main Meals | Breaded Fish Fingers with Chips & Ketchup | Served With | Peas & Baked Beans |
| | | Vegan Goujons with Chips & Ketchup | Dessert | Banana Flapjack |
| | | Baked Jackets with Grated Cheese | | |
| Freshly Baked Bread: | | Carrot & Beetroot or Wholemeal Bread | | |

Week 1:
1st January, 22nd January, 12th February, 4th March, 25th March,
15th April, 6th May

Pabulum Salad Bar
Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly

Week 2

| | | | | |
|-----------------------------|-------------------|---|--------------------|-----------------------------|
| Monday | Main Meals | Pork & Beef Sausage with Mashed Potato & Gravy | Served With | Sweetcorn & Baked Beans |
| | | Vegan Sausage with Mashed Potato & Gravy | Dessert | Chocolate Rice Krispie Cake |
| | | Pasta & Tomato Sauce | | |
| Tuesday | Main Meals | Chicken & Sweetcorn Pasta | Served With | Carrots & Broccoli |
| | | Vegan Tomato & Mixed Bean Sauce with Fusilli | Dessert | Mandarin Jelly |
| | | Baked Jackets with Grated Cheese | | |
| Wednesday | Main Meals | Honey Roast Gammon with Roast Potatoes & Gravy | Served With | Seasonal Greens & Peas |
| | | Sweet Chilli Stir-fry Vegetable Noodles | Dessert | Vanilla Ice Cream |
| | | Wholewheat Pasta & Tomato Sauce | | |
| Thursday | Main Meals | Beef Keema with Turmeric Rice | Served With | Carrots & Sweetcorn |
| | | Vegan Caribbean Vegetable Curry with Wraps | Dessert | Apple & Carrot Flapjack |
| | | Baked Jackets with Baked Beans or Salmon Mayonnaise | | |
| Friday | Main Meals | Breaded Fish Fingers with Chips & Ketchup | Served With | Peas & Baked Beans |
| | | Vegan Fajita Wrap with Chips & Ketchup | Dessert | Lemon Drizzle Sponge |
| | | Pasta & Tomato Sauce | | |
| Freshly Baked Bread: | | Garlic & Herb or Wholemeal Bread | | |

Week 2:
8th January, 29th January, 19th February, 11th March, 1st April, 22nd April,
13th May



Week 3

| | | | | |
|-----------------------------|-------------------|---|--------------------|------------------------------|
| Monday | Main Meals | Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne | Served With | Carrots & Broccoli |
| | | Vegan Roasted Ratatouille with Penne | Dessert | Orange Shortbread Biscuit |
| | | Baked Jackets with Grated Cheese | | |
| Tuesday | Main Meals | Fajita Spiced Turkey & Vegetables with Steamed Rice | Served With | Sweetcorn & Coleslaw |
| | | Vegan Burrito | Dessert | Carrot Cake |
| | | Pasta & Tomato Sauce | | |
| Wednesday | Main Meals | Roast Chicken with Roast Potatoes & Gravy | Served With | Seasonal Greens & Broccoli |
| | | 3 Vegetable Mac n' Cheese | Dessert | Chocolate & Beetroot Brownie |
| | | Baked Jackets with Baked Beans | | |
| Thursday | Main Meals | Mild Chicken & Vegetable Curry with Steamed Rice | Served With | Cauliflower & Carrots |
| | | Vegan Chickpea & Spinach Korma with Steamed Rice | Dessert | Vanilla Ice Cream |
| | | Pasta & Tomato Sauce | | |
| Friday | Main Meals | Breaded Fish Fingers with Chips & Ketchup | Served With | Peas & Baked Beans |
| | | Vegan Goujons with Chips & Ketchup | Dessert | Apple & Parsnip Cake |
| | | Baked Jackets with Grated Cheese | | |
| Freshly Baked Bread: | | Courgette & Tomato or Wholemeal Bread | | |

Week 3:
15th January, 5th February, 26th February, 18th March, 8th April,
29th April, 20th May

BM1 OakFarm
Jan 2024
All products are subject to availability

pabulummm
HONESTLY GOOD FOOD